

your NEW HAMPSHIRE Electric Co-op

JUNE 2023

Not Our First Rodeo!

*NHEC Teams Take Top Two Spots
at NEPPA Lineworkers Rodeo*



Photo credit: James Reed Photography



Perfect weather, a big crowd and amazing displays of skill were all on display last month as NHEC hosted its second Lineworkers Rodeo. Held annually by the Northeast Public Power Association, the rodeo brings together line crews from across the region for a day of friendly competition that showcases the skill and daring that electrical lineworkers use on the job every day.

NHEC to Return \$2 Million in Capital Credit Payments

The NHEC Board of Directors has approved the return of over \$2 million in capital credit payments to members and former members.

The 2023 capital credit retirement will result in the payment of all remaining capital credits from the years 1984, all of 1985, and part of 1986. Approximately 10,000 current members who had service with NHEC during that time will receive a credit on their July 2023 bills. Former members who no longer take service from NHEC will receive checks for their patronage. This is the third consecutive year NHEC will be returning capital credits to its current and former members.

The Cooperative Difference

NHEC is a nonprofit electric cooperative, which means it is owned by the people and businesses it serves. When NHEC takes in more revenue than it spends in a given

year, the cooperative builds equity. Unlike investor-owned utilities, however, nonprofit cooperatives return this equity back to the member-owners who created it.

LEARN MORE about capital credits and the cooperative way of doing business here:
www.nhec.com/capital-credits

Donate and Pay It Forward

Current and former NHEC members have the opportunity to donate their capital credit payments to the NHEC Foundation or Project Care. Project Care and the NHEC Foundation are nonprofit 501(c)(3) organizations that provide bill assistance to NHEC members and support to local community nonprofit organizations. To donate capital credit payments, PLEASE VISIT

www.nhec.com/capital-credit-donation-form



ENERGY SOLUTIONS FOR BUSINESSES & MUNICIPALITIES

Owning a business or managing a municipality is hard enough without worrying about your energy budget and the comfort of your employees and customers. Whether you're retrofitting existing equipment, undertaking a major renovation, or building a new facility, NHEC and the NHSaves® utility partners offer programs and incentives to get the job done! START HERE: www.nhec.com/commercial

INSTANT REBATES

- ✓ LED lighting and controls
- ✓ High-efficiency HVAC equipment
- ✓ Commercial kitchen equipment
- ✓ Electric water heating equipment




NH Broadband Is Connecting Members in Grafton County!

NH Broadband, the wholly-owned subsidiary of NHEC, is currently connecting NHEC members to high-speed internet service in Plymouth, Rumney, Campton, Holderness, Hebron and other nearby towns! We'll be building fiber-optic networks deeper into Grafton County all summer and fall. Sign-up for service now! To sign-up and select a speed package as fast as 2 Gig per second, please visit www.nhbroadband.com, or call (866) 431-1928.



Recycle Old AC Units and Dehumidifiers, Get \$30!

Want to get rid of outdated or inefficient AC units and/or dehumidifiers? The NHSaves® utility partners are hosting events across New Hampshire where eligible customers can turn in room air conditioners and dehumidifiers for a \$30 incentive per unit. Turn-in events are scheduled statewide throughout the summer. See the list of events here and find the one closest to you: nhsaves.com/learn/2023/04/2023-turn-in-events



Recycle that Old Fridge/Freezer, get \$50!

Recycle your old refrigerator and save! On average an old refrigerator uses about 35% more energy than a new ENERGY STAR certified model. Recycle your old inefficient unit with no-cost pick up and a \$50 incentive offered by your NHSaves® utility partners. Visit this link for details and to schedule: nhsaves.com/learn/rebate/refrigerator-and-freezer-recycling



Board of Directors Meetings

The NHEC Board of Directors regularly meets on the last Tuesday of each month. Please check the Board of Directors page on the NHEC web site at www.nhec.com, or call Sharon Yeaton at (603) 536-8801 to confirm the current month's time and location.

TICKS CAN MAKE YOU SICK

New Hampshire Tick Safety



We love getting outside to enjoy spring activities, but unfortunately, so do ticks. New Hampshire is home to black-legged ticks, a.k.a. deer ticks, which can transmit some pretty serious diseases.

Lyme disease is the biggest threat, but anaplasmosis, babesiosis, B. miyamotoi, and Powassan virus are also transmitted by these tiny arachnids.

Ticks can be tough to spot because they are so small, but their bites pack a big punch. Listed here are some tips from NHEC's safety manager, Dustin Ryan, for keeping your family tick-bite-free while playing outside.

Don't let a fear of ticks stop you from enjoying the outdoors; just stay tick aware — together, we can prevent tick-borne illness in our community.

TICK SAFETY TIPS

- ✔ Wear light-colored clothing so that you can see ticks.
- ✔ Wear long sleeve shirts and pants tucked into socks or boots.
- ✔ Apply tick repellent on exposed skin, clothes, and boots.
- ✔ Stay on designated trails.
- ✔ Check your entire family for ticks every few hours.
- ✔ If you find one, remove it asap.
- ✔ Check for ticks in hair, thighs, groin, and armpits.
- ✔ Use a slotted spoon to remove embedded ticks, pull up & pop out.
- ✔ DO NOT use kerosene, Vaseline, or other folk remedies.
- ✔ Watch for symptoms of tick-borne illnesses, which might include fever, chills, muscle aches, body aches, and/or a target-shaped rash. Seek medical attention immediately if you notice any of these symptoms.

This summer NHEC field employees will all be equipped with Tick Kits with slotted spoons, lint rollers, tick ID cards, alcohol wipes, and baggies to save ticks that are embedded and removed for research.



BEAT THE PEAK FOR A CHANCE TO WIN COOL STUFF!

As summer heat rises, so does the demand for electricity. Did you know that reducing your electric use during peak demand periods can impact future rates?

Enroll in Peak Days Program and Be Entered to Win

NHEC offers a free, voluntary program called Peak Days that encourages members to reduce their usage during peak demand periods. Enroll in Peak Days before July 15 for your chance to win an outdoor grill! Plus, you'll be entered to win cool prizes every time NHEC calls a Peak Event.

How It Works

When you enroll in the Peak Days program, NHEC will notify you by phone, text or email before expected peak demand periods and ask you to voluntarily reduce your electric use during certain hours. Participating in Peak Days is FREE and completely VOLUNTARY. You are not required to reduce your usage. For more information or to enroll for your chance to win prizes, please visit:

www.nhec.com/energy-management/peak-days.

YOUR CO-OP, YOUR COMMUNITY

The NHEC Foundation is supporting the people and organizations that support our members.

your
NHEC
Foundation

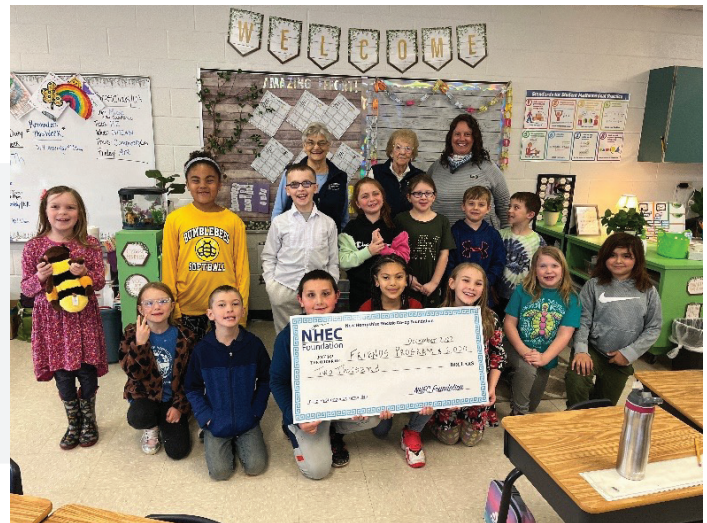


Rumney Mobile Food Pantry

The NHEC Foundation and NHEC employees recently distributed more than 14,000 pounds of food to over 400 local families during a Mobile Food Pantry event in Rumney.

Foster Grandparents Program

The NHEC Foundation is proud to support The Friends Program and its successful Foster Grandparents Program, which is bringing together seniors and at-risk students in local schools, like Southwick Elementary School in Northfield.



Smoke Alarm Installations

NHEC, the American Red Cross and the Plymouth Fire Department teamed up to make 29 homes safer by installing a total of 101 free smoke alarms during a recent one-day event.

For member service, please call **800.698.2007**
(8-5, M-F) or email solutions@nhec.com

To report an outage, please call **800.343.6432**
579 Tenney Mountain Hwy Plymouth, NH 03264
www.nhec.com

